

Women's AGM Report 2023

The Sussex Championships were run over 2 weekends with a total of 141 gymnasts competing from 7 clubs. This is the first Sussex Championships since 2019 and it was great to see so many entries. I will be looking to run this years Sussex Championships in October across 2 weekends again. As soon as I have organised dates and venues, I will send information out to clubs. The competitions will run to the latest National or Regional Rules.

From the Regional championships 10 Sussex gymnasts went on to represent the South-East region at National finals. These were gymnasts from Uckfield, Horsham and TAG.

Sussex Gymnastics was represented by a team of FIG gymnasts at the Rushmoor Rosebowl International, placing 4th as a team with Isla Stocker (Hor) placing 2nd in the Under 13 category and Georgia Stables (Hor) placing 14th out of 77 gymnasts. Georgia also made the top 10 on beam and qualified to the final where she placed 7th. This competition had GB seniors involved so was a very high level to compete at.

2 Sussex gymnasts were selected for the GB Aspire Squad. Amelie Beadle-Gates and Georgia Stables have both attending camps throughout the year.

The English, Welsh and British Championships have all run at the start of this year. 5 Sussex based gymnasts competed at these competitions. Notable results from these competitions were Georgia Stables placing 8th AA, 5th Vault and Bars at the English as well as 6th AA and 3rd on Vault and Bars at the Welsh. She went on to place 15th AA and 4th on Vault at the British Championships. Tabitha Lees placed 8th on Bars at the English. Brooke Stocker placed 16th at the British Championships, qualified to the Bar finals in 3rd and placed 7th in the final. All 5 gymnasts from Horsham placed in the top 30 of their respective age groups at the British Championships.

Georgia Stables has been awarded a place in the Junior England Squad for 2023 with Brooke Stocker as reserve. Georgia is also a named reserve for the Junior GB Squad.

County squad has been reselected for 2023 with 40 gymnasts involved from 7 different clubs.

Regional grades ran in March with the National and Compulsory grades held in April. 8 Sussex based gymnasts will represent the South-East at National Finals following the grades competitions.

The Sussex Invitational is being run in July at Horsham GC. This is the first time this competition has been run since 2019 so this is good to have back up and running alongside the Sussex Championships.