

Festival discipline report May 2023

Chichester gymnastics club are busy preparing for their first event of the year Gymnasia 2023 that is being held on the 21st May in Cannock. Dysons are also taking part in an event in May, GymStarz, being held in London on the 20th organised by clubs in London after they discovered British Gymnastics had reduced the number of GymFusion shows this year to only 3, none of which to be held in London.

Dysons Gymnaestrada team will be heading over to Amsterdam at the end of July to take part in the world Gymnaestrada. They were in Nottingham last month performing their routine for British gymnastics and rehearsing the UK large group performance which will have over 870 performers taking part in it from clubs across the UK. This is the biggest delegation BG have ever taken to world Gymnaestrada and this week representatives of BG and some of the clubs taking part went to Amsterdam on a risk assessment trip to look at the venues they would be staying in and the Olympic stadium and Rai where the routines will be performed.

Dysons & Chichester remain the only Sussex clubs currently taking part in festivals but if anyone would be interested in learning more about them and putting together their own festival group I am happy to answer any questions clubs might have.