

Women's report – AGM 2022

There have been 10 clubs from Sussex who have competed regionally over the past year with 4 of these having representatives at national competitions. Sussex county squad has returned for 2022 with 40 gymnasts selected into this from 7 different clubs.

Sussex had a team represented at the rushmoor rosebowl with the u13 title and artistry award being won by 2 Sussex gymnasts.

The south east regional squad has also returned with many gymnasts from Sussex selected into either the a or b squad.

The plan is to have Sussex championships run for all levels towards the end of the year with dates and venues being sorted at the moment. These will be published to all clubs as soon as they are arranged. So far an entry of 171 women's gymnasts across all levels and hours would be expected.

If there are any specific workshops/clinics that clubs/coaches feel would be useful please let me know and we can look to arrange either at the end of a county training or on a separate date.

Hopefully the Sussex invitational will look to return to the calendar in 2023