

Hi everyone

Tumble have been very busy since coming back from the pandemic with lots of competitions being held for friendlies as well as qualifiers.

We started off the competition season with a friendly competition in November last year held at Hollington. This was open to all Sussex tumble clubs. All 5 clubs attended and it was great to see the gymnasts back doing what they love and working as hard as ever for those medals.

This was then followed by the South East championships, where 18 South East titles were taken by Sussex clubs. This competition was again held at Hollington and was attended by Dyson, Hollington, and Bevendean.

This year we have had competitions nearly each month starting with the Hollington invitational and finishing in June with the 2<sup>nd</sup> Regional qualifier.

In that time we have held the Club Cup Series qualifiers, a new structure for all our club level gymnasts. From these qualifiers the top 3 gymnasts move forward to the Inter County finals being held at Jumpers rebound in June. From the 2 qualifiers Hollington have secured 19 top 3 places, Dyson 13 places, Sky High 9 places, Bevendean 8 places and Be Gymnastics have secured 15 places, so a massive well done to everyone.

In March the English Silver qualifiers were held again at Hollington. This competition is for levels club 5 & 6 and Regional levels 1 to 4, with the top 2 from each level and age group qualifying and getting the chance to compete against the rest of England at the English Championships being held in Telford in July. A big well done to our 3 Sussex clubs who took part with Hollington taking 14, and dyson gaining 7 through to the finals.

Looking forward to seeing how our Sussex clubs do at the next Regional qualifier in June and we wish them all the best.

We are looking at holding the Sussex Championships in September, joining up with acro and holding it at Hollington, date will be confirm very soon

Thanks Nikki & Mark  
Sussex Tumble Reps