

Sussex Meeting February 2024 Women's Report

Teams Championships – Horsham had a team in the junior section with just 3 gymnasts being able to compete on all 4 apparatus this was a hard competition against the top 32 teams in the country. In the junior category Horsham took the bronze medal with Georgia Stables placing 2nd AA. Against all the teams entered (Junior and Senior) Horsham were the 6th ranked team in GB.

Rushmoor Rosebowl – Sussex had a very young team entered with valuable experience at this level gained and the team placing 4th in the composite category. With 77 gymnasts competing (including GB senior internationals) Isla Stocker placed in the top 15 on vault and floor. The team consisted of Macey Davis and Elissa Parris both from Uckfield and Isla Stocker, Bella Fry-May and Lucy Murray-Watson from Horsham.

Georgia Stables (Hor) competed for the South East Team and placed 3rd AA, 2nd with the team and finished 3rd on bars and 1st on beam in the event finals.

National Finals – Voluntary 3 the South East became National Champions with the team including Bella Fry-May and Lucy Murray-Watson from Horsham. Lucy also placed 7th AA, 5th on vault, 5th on beam and 4th on floor with Bella 9th AA, 8th on vault, 2nd on bars and 11th on floor. Bella also ranked 9th in GB with her 2 national final scores combined.

Grace Spindler (Wick) represented the South East team at Bronze level finishing 59th AA.

Tess Wiltshire (TAG) 48th AA, Elissa Parris (Uck) 54th AA, Poppy-May Pallett (TAG) 58th AA all represented the South East at Gold level.

Welsh and English Championships are taking place in February and early March. These are also qualification events for the British championships in March as well as trial events for the Junior and Senior European Championships.

Grades updates are on the BG academy. Some points are still being revised but will be updated on the framework as soon as they are complete. Follow the book with the elements and deductions for each grade and not just rely on the videos attached is the advise given. These updates are for all grades levels with the introduction of new stages of assessment being used. As yet the scores for the attainment of these levels have not been set.