

Chair report

As always this time of year is quiet for gymnastics, but we're eagerly awaiting the start of competitions and events within our county.

We look forward to a recently selected women's artistic county squad with upcoming training days scheduled throughout the year. A General floor and vault Competition this month and lots of behind the scenes work for more plans ahead.

With the British gymnastics coming up in March, we will see Dyson gymnastics showcase a display from their festivals team, putting a Sussex club into the limelight at a major event in this upcoming discipline.

The county is going strong in regards to the finances, and we're looking at what we can do to ensure we're in the best possible position for the years ahead.

Any suggestions and ideas are very much welcomed in what you want from the county.

Laura