The Sussex Invitational ran extremely well with the largest entry to date of 115 gymnasts. The Sussex Champs again had an increase in women's artistic entries with an excellent level of work being carried out throughout the day.

Gymnasts from Uckfield, TAG and Horsham represented the South East at Compulsory and Club Grade National Finals. Scarlett Tidy finished 7th overall at National Grade 2 with the team placing 5th.

Reselection of the county squad will take place through the summer and clubs will be advised of gymnasts and dates once finalised.