

# SOUTH EAST REGIONAL INDIVIDUAL and TEAMS CHAMPIONSHIPS 2013

<b>LEVEL</b>	<b>ELIGIBLE GROUPS</b>	<b>AGE BANDS</b>	<b>RATIFIED RECOMMENDATIONS</b>
<b>Level 6 (prep)</b>	2006/05	Must be 7 on or before the date of the competition	Level 6 will have 10 minute General warm Up followed by American style apparatus warm up and compete
<b>Level 14</b>	2006 / 05/04	Must be 7 on or before the date of the competition	Level 14 will have 10 minute General warm Up followed by American style apparatus warm up and compete
<b>Level 6 Modified</b>	2005-1998	Up to 15 yrs in competition year	Level MOD 6 will have 10 minute General warm Up followed by American style apparatus warm up and compete
<b>Level 5</b>	2005/04/03	Up to 2 Years out of Age	Gymnasts with a score of 44.50 + at 2012 Regional championships must move to L4.
<b>Level 5 Modified</b>	2004/03/02/01	Up to 4 years out of age	Level 5 will have 10 minute General warm Up followed by American style warm up and compete This Level is for Gymnasts who have competed at 15 in the last 12 months and who's coaches feel are not going to compete at a higher Level or have reduced hours to less than 10 per week
<b>Level 4</b>	2004 & 03/02	2004 To National Final	03/02 Gymnasts with a Score of 44.00 + at 2012 Regional Championships must move to Level 3
<b>Level 4 Modified</b>	2003+	No upper Age limit	This Level is for Gymnasts who have competed at 14 in the last 12 months and who's coaches feel are not going to compete at a higher Level or have reduced hours to less than 10 per week
<b>Level 3 Modified</b>	2002 +	No upper age limit	This Level is for Gymnasts who have competed at 13 in the last 12 months and who's coaches feel are not going to compete at a higher Level or have reduced hours to less than 10 per week
<b>Level 3</b>	2003 & 02/01	2003 To National Final	02/01 Gymnasts with a Score of 46.00 + at 2012 Regional Championships must move to Espoir Challenge. Gymnasts scoring less than 46.00 may move to L2 out of Age
<b>Level 2</b>	2001+	Out of Age	Or a score between 43.00 & 45.90
<b>Level 2</b>	2002	In Age Only	In Age Only, 2002
<b>Challenge Espoir</b>	2001/2000	In Age Only	As per Junior Code
<b>Challenge Junior</b>	1999/1998	In Age Only	FIG Rules
<b>Challenge Senior</b>	1997 +	No Upper Limit	FIG Rules Challenge Gymnasts are those not eligible to compete in the British Championships
<b>Regional Espoir</b>	2001/2000	In Age Only	As per Junior Code
<b>Regional Junior</b>	1999/1998	In Age Only	FIG Rules
<b>Regional Senior</b>	1997 +	No Upper Limit	FIG Rules Regional FIG Gymnasts are those who are eligible to compete in the British Championships
<b>Other</b>	2002	Eligibility for higher Level	FIG rules /if, the personal Coach(es) felt that their gymnast is above L2 they will be permitted to enter Espoir 1 year ahead of Age
<b>Team Events</b>	Level 6 Prep	4 per Team 3 scores to count	2006/05.No limit on the number of Teams entered per club but team members must be declared in advance on entry form
	Level 14	4 per Team 3 Scores to Count	2006/05/04 only, No Limit on the Number of Teams entered per Club but Team Members must be declared in advance on entry form
	Level 5	4 per Team 3 Scores to Count	20005/04/03 No Limit on the Number of Teams entered per Club but Team Members must be declared in advance on entry form
	Level 4	4 per Team 3 Scores to Count	Any Combination of Age 03, 02 & 01 No Limit on the Number of Teams entered per Club but Team Members must be declared in advance on entry form
	L4 Modified	4 per Team 3 scores to Count	Teams can be made of any age group within L4 Modified Team members must be declared in advance on entry form
	Level 3	4 per Team 3 Scores to Count	Any Combination of Age 03,02& 01 No Limit on the Number of Teams entered per Club but Team Members must be declared in advance on entry form

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In Age Only	Level 2	4 per Team 3 Scores to Count	2002only, No Limit on the Number of Teams entered per Club but Team Members must be declared in advance on entry form
	Level 2 Out age	4 per Team 3 Scores to Count	20001+, No Limit on the Number of Teams entered per Club but Team Members must be declared in advance on entry form
	FIG	4 per Team 3 Scores to Count	Any Combination of Reg & Chall Esp/Jun/SenNo Limit on the Number of Teams entered per Club but Team Members must be declared in advance on entry form

**Special Note:**

If either the Regional WTC Chair or Event Welfare Officer Via notification of the Head Judge on each apparatus decides that a skill /Vault being performed is unsafe, then the coach in charge will be requested that the skill/Vault in question cannot be warmed up further or competed Failure to comply with this request will result in disqualification from the competition

Team selection to represent the South East Region at any competitions will be chosen from the scores of this competition  
Regional Squad selection will be made from the scores of this competition.