

Womens Artistic Report - January 2019

Since the last meeting Sussex gymnasts have been involved in the Quatro Cup (Wiltshire), The Rushmoor Rosebowl International (Aldershot), National Voluntary Finals (Guildford), British Challenge Cup and Bill McLoughlin Team Champs (Guildford) and the English B/S/G Champs (Leicester).

Sussex Team was entered into the Rushmoor Rosebowl International and although a young team placed a creditable 7th against teams from all over the country as well as Spain, Netherlands and Canada. The team comprised of Megan Smith (Uck), Daisy Evans (TAG), Jess Jameson (TAG), Cissy Marlow (Hor) and Phoebe Light (Hor). Honesty South (Hor) competed as part of the South East team which took away the silver medal.

National Voluntary finals - Level 4 had 3 Sussex based gymnasts competing for the South East. Arabella Aston (Hor) was 32nd overall and Amelie Beadle-Gates (Wick) 18th overall. Georgia Stables (Hor) finished 23rd overall and 10th on floor. As Georgia competed at both finals this year for the South East her combined National ranking was 22nd in the country.

Level 3 had 2 Sussex gymnasts competing for the South East. Brooke Stocker (Hor) placed 26th overall and had a combined ranking of 18th in the country. Tabitha Lees (Hor) placed 8th overall and finished with a combined ranking of 6th in the country. Tabitha has since been one of 7 girls for this level selected for the GB Home Nations squad for 2019.

Bill McLoughlin Team - Honesty South (Hor) was selected as a team member for the South East for this competition.

British Challenge Cup - Honesty competed on the same weekend at the British Challenge Cup taking away the silver medal on vault at Junior level.

English B/S/G - Daisy Miller (Uck) and Megan Smith (Uck) as well as Lola McNaughton (Hor) and Morgan Millar (Hor) competed in the Silver level. Also at Silver level, out of 48 competitors, Isabel Carr (Hor) took 4th on beam with Cissy Marlow (Hor) 3rd. Cissy also collected 3rd on bars with Phoebe Light (Hor) being crowned English Silver level bar champion. Honesty South (Hor) competed at Gold level collecting bronze overall as well as bronze on vault, bars and beam.

The county squad has held its first training session since reselection and was very well attended. The next session is at Uckfield GC on 10th February from 9am until 1pm.

I attended the performance symposium for womens last weekend. The compulsory grades book has had minor revisions made and is available through your academy page on the bg website.