

Team Gym Report Sussex Meeting 28th January 2019

COURSES

Coaching Courses

All courses are on the BG website, a level and level two are run each year in Sussex.

COMPETITIONS

Hawth Open, K2 10th and 11th November 2018

Due to K2 being unable to hire us the main hall for two day we had to de rig and then set up in the gym on the Saturday night between the two days. Not something we ever wanted to do again, but it looks like we will have to due to K2 only having 9th November 2019 available!

The new national 5 and 6 rules were piloted at this competition. The new rules did not prove popular with all clubs.

European Championships Portugal 15th – 20th October 2018

The week was a great success with 5 teams out of 6 qualifying for the finals

Senior Women 7th in qualifying

Senior Mixed 5th in finals

Senior Men 5th in finals

Young Men 4th In finals

Young Women 6th In finals

Young Mixed 5th in finals

All gymnasts that competed are list below

Hawth

Tim Gates (senior men)

Chris Cranfield (senior mixed)

Warren Jones (senior men)

Marcus Jones (senior men)

Chloe Webb (senior women)

James Webb (junior mixed)

Emily Marti-Cornish (junior women)

Lucy Bonwell (junior women)

1066

Sam Clarke (senior men)

Clare Clarke (head coach for women's teams)

TeamGym Symposium / Tutor and Assessors up date / National Planning and Review meeting

16th to 18th November 2018 Crew

I attended the Tutors and Assessors meeting and Amber Simpson-Warner attended the symposium and planning meeting.

The new 6/5 rules were discussed at length, the TeamGym panel are going to look at some of the suggestions. The rules will form part of the National pathway for TeamGym.

National Zonal Training 2019/2020

The zonal training will start again for the 2020 Europeans in March 2019

There will now be a National Squad selected in March/ April as well as the zonal training process. This will incorporate younger age groups, so we have a more developmental process going forward.

Amber Simpson-Warner (Hawth) has been appointed the Lead Southern Zonal Coach and will sit on the National performance pathway. She has also been selected as one of the Technical Experts for the European processes.

Claire Clark (1066) has been appointed Head Coach of Women's team and Technical Expert
Chris Cranfield (Hawth) has been appointed as a Technical Expert

Sally-Anne
Sussex TeamGym Chair