

W/A Report October 2018

Regional Championships 2018

232 competitors across levels 6 to FIG in and out of age, 79 coming from Sussex clubs. From this competition 5 Sussex based gymnasts have qualified for National Finals for the 8 possible selection places. Tabitha Lees (Hor) and Brooke Stocker (Hor) qualified as members of the Level 3 team. Amelie Beadle-Gates (Wick), Georgia Stables (Hor) and Arabella Aston (Hor) have qualified as members of the Level 4 team.

Sussex Championships 2018

107 competitors at this years Sussex championships with 8 different clubs involved. The competition ran smoothly and provided results towards county squad selection and Rosebowl team selection.

Regional Squad has been reselected for 2019 and now features an A and B squad. A squad features 11 gymnasts from Sussex (1x Uck, 2x Wick, 8x Hor) and the B squad features 14 gymnasts from Sussex (4x Uck, 1x Summ, 3x TAG, 6x Hor).

Upcoming Competitions

Rushmoor Rosebowl International 2018 - 20th/21st Oct - Rushmoor GC

Sussex team has 2 TAG gymnasts, 1 Uckfield gymnast and 2 Horsham gymnasts. South East team includes Honesty South from Horsham.

SE Regional Modified Champs - 28th Oct - Guildford Spectrum

Voluntary National Age Group Finals 2018 - 4th/5th November - Guildford Spectrum

Includes the girls mentioned above who qualified to represent the South East teams.

Challenge Cup - 9th/10th November - Surrey Sports Park

Honesty South - Horsham

Bill McLoughlin Team Championships - 11th November - Surrey Sports Park

Honesty South from Horsham has been selected for the South East team

English B/S/G - 17th/18th November - Leicester

7 gymnasts from Horsham and 2 from Uckfield are competing at this competition.

Women's County Squad

Women's County Squad has just been selected for the upcoming year with details sent out to clubs. 6 different clubs are included in this years squad with 40 gymnasts selected once again. All coaches from around the county are more than welcome to attend. The first squad session is Sunday 2nd December at Uckfield GC.

Coaching Courses

There is a Women's Artistic Level 2 running through November and December at K2.