

Novice Intention Slip

Gymnast Name:

Gymnast Number:

Club:

ELEMENTS		EXECUTION	DIFFICULTY		GROUP				SPECIAL REQUIREMENTS	BONUS
			A	B	1	2	3	4		
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
Judges Section if fulfilled			Difficulty		Group Content					
			8 x A = 1.60		2 x Grp 1				1 = 0.20	B Skill = 0.3
Deduct 0.3 per missing element					2 x Grp 2				2 = 0.20	B Skill = 0.3
(less than 10 skills) and 0.3 per					2 x Grp 3				3 = 0.20	Must be from different groups
Group element					2 x Grp 4				4 = 0.20	
									5 = 0.20	
			Total = 1.60						Total = 1.00	Total = 0.60
Execution			5.00							
Transition			0.40							
Total Start Value:					Total Execution:					

Intermediate Intention Slip

Gymnast Name:

Gymnast Number:

Club:

ELEMENTS		EXECUTION	DIFFICULTY			GROUP				SPECIAL REQUIREMENTS	BONUS
			A	B	C	1	2	3	4		
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
Judges Section if fulfilled			Difficulty			Group Content					
			4x A =0.80			2 x Grp 1				1 = 0.20	C skill Grp 1,2, or 3 =0.50
Deduct 0.3 per missing element			4 x B =1.20			2 x Grp 2				2 = 0.20	C skill Grp 1,2 or 3 = 0.50
(less than 10 skills) and 0.3 per						2 x Grp 3				3 = 0.20	Must be from different groups
Group element						2 x Grp 4				4 = 0.20	
										5 = 0.20	
			Total = 2.00							Total = 1.00	Total = 1.00
Execution			5.00								
Artistry / Linkage			0.40								
Total Start Value:						Total Execution:					

Advanced Intention Slip

Gymnast Name:

Gymnast Number:

Club:

ELEMENTS		EXECUTION	DIFFICULTY				GROUP				SPECIAL REQUIREMENTS	BONUS
			A	B	C	D	1	2	3	4		
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
Judges Section if fulfilled			Difficulty				Group Content					
			3 x A = 0.60				2 x Grp 1				1 = 0.20	C Skill = 0.50
Deduct 0.3 per missing element			4 x B = 1.20				2 x Grp 2				2 = 0.20	D Skill = 0.70
(less than 10 skills) and 0.3 per			1 x C = 0.50				2 x Grp 3				3 = 0.20	
Group element							2 x Grp 4				4 = 0.20	
											5 = 0.20	
			Total = 2.30								Total = 1.00	Total = 1.20
Execution			5.00									
Artistry / Linkage			0.40									
Total Start Value:							Total Execution:					

Bronze Intention Slip

Gymnast Name:

Gymnast Number:

Club:

ELEMENTS		EXECUTION	DIFFICULTY					GROUP				SPECIAL REQUIREMENTS	BONUS
			A	B	C	D	E	1	2	3	4		
1													
2													
3													
4													
5													
6													
7													
8													
9													
10													
Judges Section if fulfilled			Difficulty content:					Group Content					
			2 x A = 0.40					2 x Grp 1				1 = 0.20	C Acro Flight Series = 0.50
Deduct 0.3 per missing element			4 x B = 1.20					2 x Grp 2				2 = 0.20	D Skill Grp 1,2 or 3 = 0.70
(less than 10 skills) and 0.3 per			2 x C = 1.00					2 x Grp 3				3 = 0.20	
Group element								2 x Grp 4				4 = 0.20	
			Total = 2.60									Total = 0.80	Total = 1.20
Execution			5.00										
Artistry / Linkage			0.40										
Total Start Value:								Total Execution:					

Silver Intention Slip

Gymnast Name:

Gymnast Number:

Club:

ELEMENTS		EXECUTION	DIFFICULTY					GROUP				SPECIAL REQUIREMENTS	BONUS
			A	B	C	D	E	1	2	3	4		
1													
2													
3													
4													
5													
6													
7													
8													
9													
10													
Judges Section if fulfilled			Difficulty content:					Group Content					
			1 x B = 0.30					2 x Grp 1				1 = 0.20	D Acro Flight Series = 0.70
Deduct 0.3 per missing element			2 x C = 1.00					2 x Grp 2				2 = 0.20	E Skill = 0.80
(less than 10 skills) and 0.3 per			2 x D = 1.40					2 x Grp 3				3 = 0.20	
Group element								2 x Grp 4					
			Total = 2.70									Total = 0.60	Total = 1.50
Execution			5.00										
Artistry / Linkage			0.20										
Total Start Value:								Total Execution:					

Gold Intention Slip

Gymnast Name:

Gymnast Number:

Club:

ELEMENTS		EXECUTION	DIFFICULTY				GROUP				SPECIAL REQUIREMENTS	BONUS
			B	C	D	E	1	2	3	4		
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
Judges Section if fulfilled			Difficulty content:				Group Content					
			2 x B = 0.60				2 x Grp 1				1 = 0.20	E Acro Flight Series = 0.80
Deduct 0.3 per missing element			1 x C = 0.50				2 x Grp 2				2 = 0.20	E Skill Grp 2,3,4 = 0.80
(less than 10 skills) and 0.3 per			1 x D = 0.70				2 x Grp 3				3 = 0.20	
Group element			1 x E = 0.80				2 x Grp 4					
			Total = 2.60								Total = 0.60	Total = 1.60
Execution			5.00									
Artistry / Linkage			0.20									
Total Start Value:							Total Execution:					

